

Celebrating Indigenous Food Customs

Through Children's
Literature



Relationships with Elders

Relationships with the Environment



Methods of Food Preparation

When reading about Indigenous food customs, readers will likely encounter at least one of the above key themes: **relationships with elders** 🧡, **relationships with the environment** 🌿, and **methods food preparation** 🍷. Use this source as guide when choosing which book to read next with your student or child! Happy reading!

Ininatig's Gift of Sugar: Traditional Native Sugarmaking

Written by Laura Waterman Wittstock

Illustrated by Dale Kakkak (1993) 🧡 🌿 🍷

The First Strawberries

Written by Joseph Bruchac

Illustrated by Anna Vojtech (1993) 🌿 🍷

Four Seasons of Corn: A Winnebago Tradition

Written by Sally M. Hunter

Illustrated by Joe Allen (1997) 🧡 🍷

Weaving a California Tradition: A Native American Basketmaker

Written by Linda Yamane

Illustrated by Dugan Aguilar (1997) 🧡 🌿

The Elder are Watching

Written by David Bouchard

Illustrated by Roy Henry Vickers (2003) 🧡 🌿

Shi-shi-etko

Written by Nicola I. Campbell

Illustrated by Kim LaFave (2005) 🧡 🌿

Pakwa Che Menisu

Written & Illustrated by

Julie Flett (2013) 🧡 🌿 🍷

A is for Acorn: A California Indian ABC

Written by Analisa Tripp

Illustrated by Lyn Risling (2015) 🧡 🌿 🍷

Fishing with Grandma

Written by Susan Avingaq and Maren Vsetula

Illustrated by Charlene Chua (2016) 🧡 🌿 🍷

A Day with Yayah

Written by Nicola I. Campbell

Illustrated by Julie Flett (2017) 🧡 🌿 🍷

The Water Walker

Written & Illustrated by

Joanne Robertson (2017) 🌿 🍷

Fry Bread: A Native American Family Story

Written by Kevin Noble Maillard

Illustrated by Juana Martinez-Neal (2019)

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